



Another initiative by:



With grant funding from the  
New York State Dept. of Health

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## Workshop For Gardeners

*Saturday*

*March 24, 2012*

*8:00am–12:00pm*

*Refreshments served*

*8-8:30am*

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*Saturday, March 24th 2012*

*8:00am - 12:00pm*

## Workshop For Gardeners



*Port Watson*

*Mini-Conference Center*

*131 Port Watson Street,*

*Cortland*

# About the Speakers

## **Claudia Hitt**

### **Garden Mapping & Companion Planting**

*Claudia Hitt is the Horticulture Educator and Master Gardener Coordinator of Cornell Coop. Ext. of Cortland County. She has over 40 years of vegetable gardening experience. Claudia loves growing, eating and preserving her own food.*

## **Mila Fournier - Composting**

*Mila Fournier is the Compost Education Outreach Coordinator for the Cornell Cooperative Extension of Tompkins County. For the last 15 years she has been gardening and composting professionally.*

## **Jennifer Weber – Starting from seeds**

*Jen Weber is a Master Gardener Volunteer with Cornell Cooperative Extension of Cortland County. She studied biology at the University of Cincinnati. Jen is involved with the McGraw Community Garden and has taught programs about nature to youth in the community. As a recovering houseplant killer, she believes that anyone can learn how to grow a productive and beautiful garden.*

## **Peter Harrity – The Weeds you need**

*Peter Harrity is a Senior Naturalist at Lime Hollow Center for Environment & Culture, and a Master Gardener. Peter will highlight weeds that are a problem in any garden, as well as weeds that are edible and a pleasure to have.*

## **Allan Gandelman - Keynote Address**

*Allan is the owner of Main Street Farms, an organic, urban, aquaponics farm in Homer, NY. Aquaponics is the combination of aquaculture (farm raised fish) and hydroponics (plants grown without soil, in water). Allan will set the stage by sharing how he gardens indoors, year-round.*



Registration : \$5 per person  
One form per person.

Cash or check payable to:  
Seven Valleys Health Coalition  
50 Clinton Avenue, Cortland  
no later than March 16th

Limited seating available

Please Call with any Questions:  
Seven Valleys Health Coalition  
(607) 756-4198  
or e-mail [cyonta@sevenvalleyshealth.org](mailto:cyonta@sevenvalleyshealth.org)

Refreshments 8:00am–8:30am  
Welcome Program 8:30am-9:00am  
Keynote Address

### **Workshop I: Please circle one**

- Garden Mapping & Companion Planting 9:15am–10:45am
- Composting 9:15am–10:45am

### **Workshop II: Please circle one**

- Starting From Seeds 11:00am–Noon
- The Weeds You Need 11:00am–Noon

Name:

Address:

Phone:

Email: